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Housing Listening Sessions

Office of Mental Health Coordination
Texas Health and Human Services

Agenda



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- Housing as a non-medical driver of health
- Listening sessions background
- Listening sessions results
- Supportive Housing Learning Community



Non-Medical Drivers of Health

Non-medical drivers of health (DOH) are the environmental conditions where people are born, live, learn, work, play, worship and age that affect a wide range of health outcomes and risks.



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**Childhood
experiences**



Housing



Education



Social Support



Family income



Employment

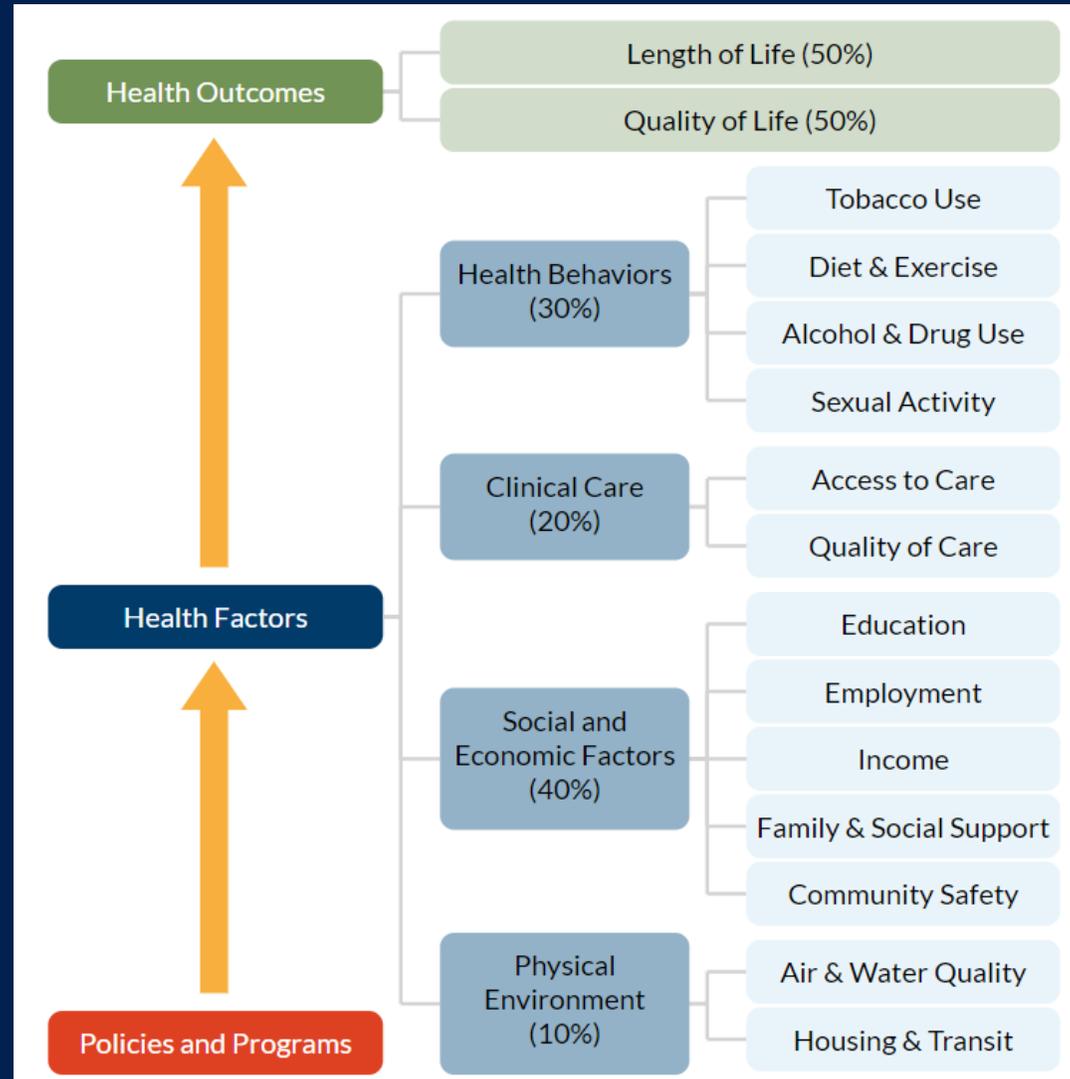


Our communities



**Access to health
services**

DOH Factors Impact Health Outcomes



County Health Rankings model SDOH impact on health



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Housing Stability Continuum

Acute Homelessness

Most people experiencing homelessness fall into this group

Housing Stability

Paying no more than 30% of their income toward rent



Chronic Homelessness

- Longer periods of homelessness
- Lives with a disability

Housing Insecurity

Paying between 30-80% of their income toward rent



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Impact of Housing Instability on Health

High rent burden can cause people to

- Make difficult choices such as paying rent instead of purchasing food, medicine, transportation, and other essentials;
- Experience higher levels of “toxic stress,” which can exacerbate mental health and physical health conditions; and
- Live in neighborhoods with risks to safety and health.



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Local Mental Health and Behavioral Health Authorities

- 39 Community Mental Health Centers across the state also serve as Local Mental Health Authorities (LMHAs).
- HHSC as the State Authority for mental health and intellectual disability services delegates its authority to 39 LMHAs and Local Intellectual and Developmental Disability Authorities (LIDDAs).
- Both LMHAs and LIDDAs serve as the primary point of entry for publicly funded programs.
- Provider of last resort.



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Texas Behavioral Health Systems of Care

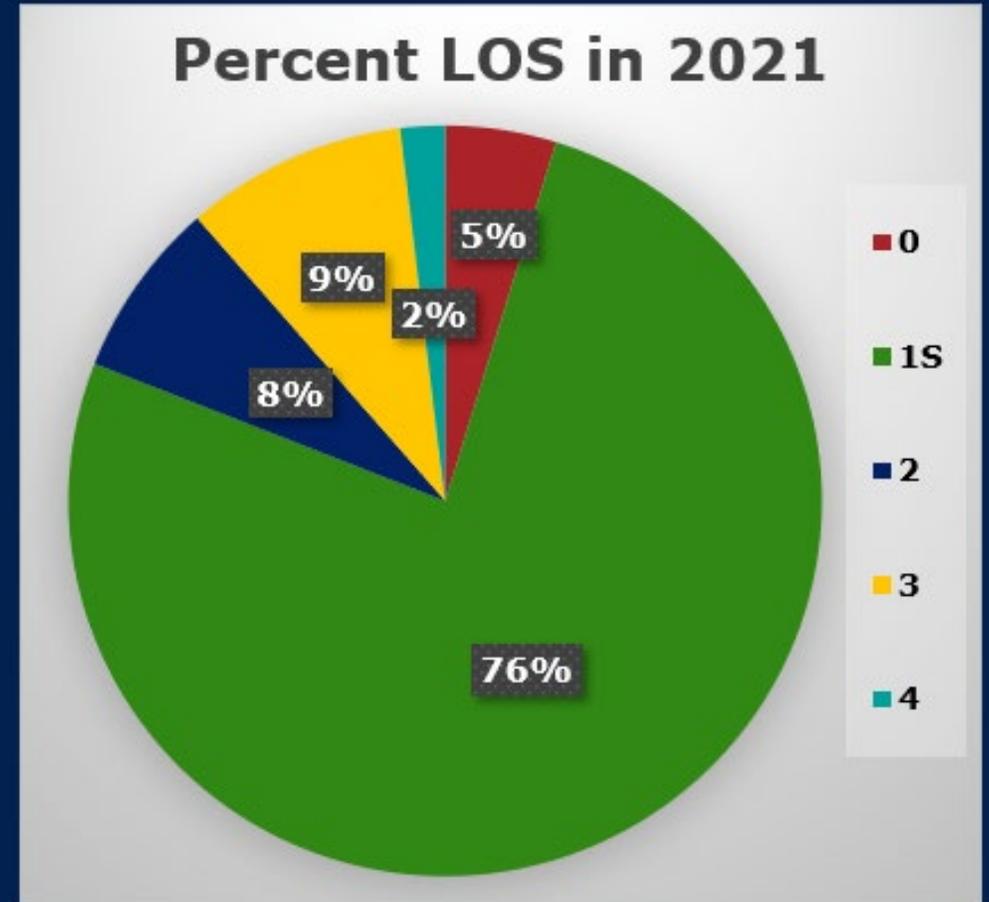


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Adult Levels of Service

| Levels of Service (LOS) | Services |
|-------------------------|---------------------------------------|
| 0 | Crisis services |
| 1S | Skills training-basic services |
| 2 | Basic services including counseling |
| 3 | Intensive services with team approach |
| 4 | Assertive Community Treatment |



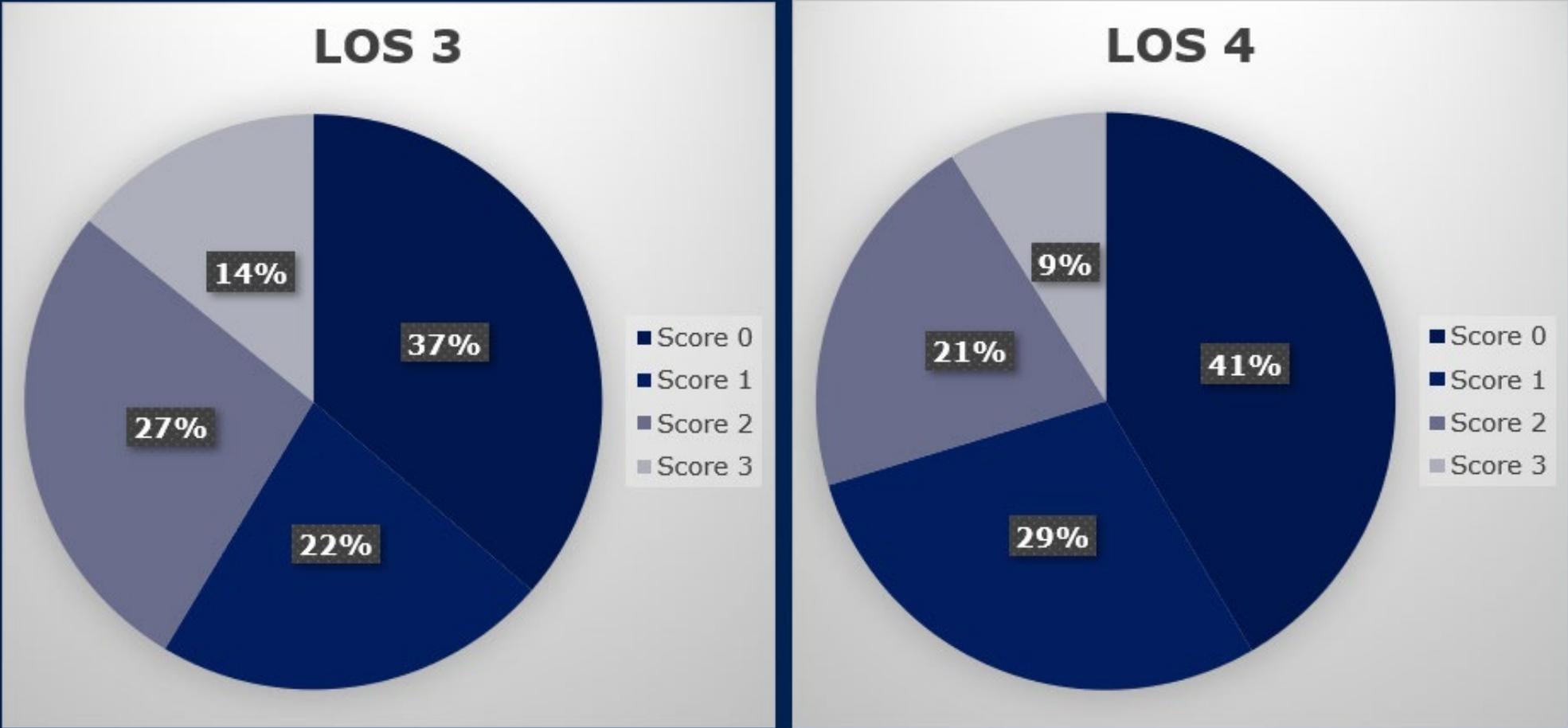
2021 Residential Stability at LMHAs and LBHAs



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| LOS | There is no evidence of residential instability | Person has relatively stable housing, but has either moved in the past three months or there are indications that housing problems could arise at some point within the next three months | A moderate degree of residential instability if the person is living independently, characterized by recent and temporary lack of permanent housing | Person has experienced periods of homelessness in the past six months |
|-----|---|---|---|---|
| 0 | 77% | 8% | 5% | 9% |
| 1 | 75% | 16% | 7% | 2% |
| 2 | 68% | 21% | 9% | 3% |
| 3 | 36% | 22% | 27% | 14% |
| 4 | 42% | 29% | 21% | 9% |

Housing Insecurity in 2021



Source of Data: Office of Decision Support , Residential Stability Data, 9/16/2022

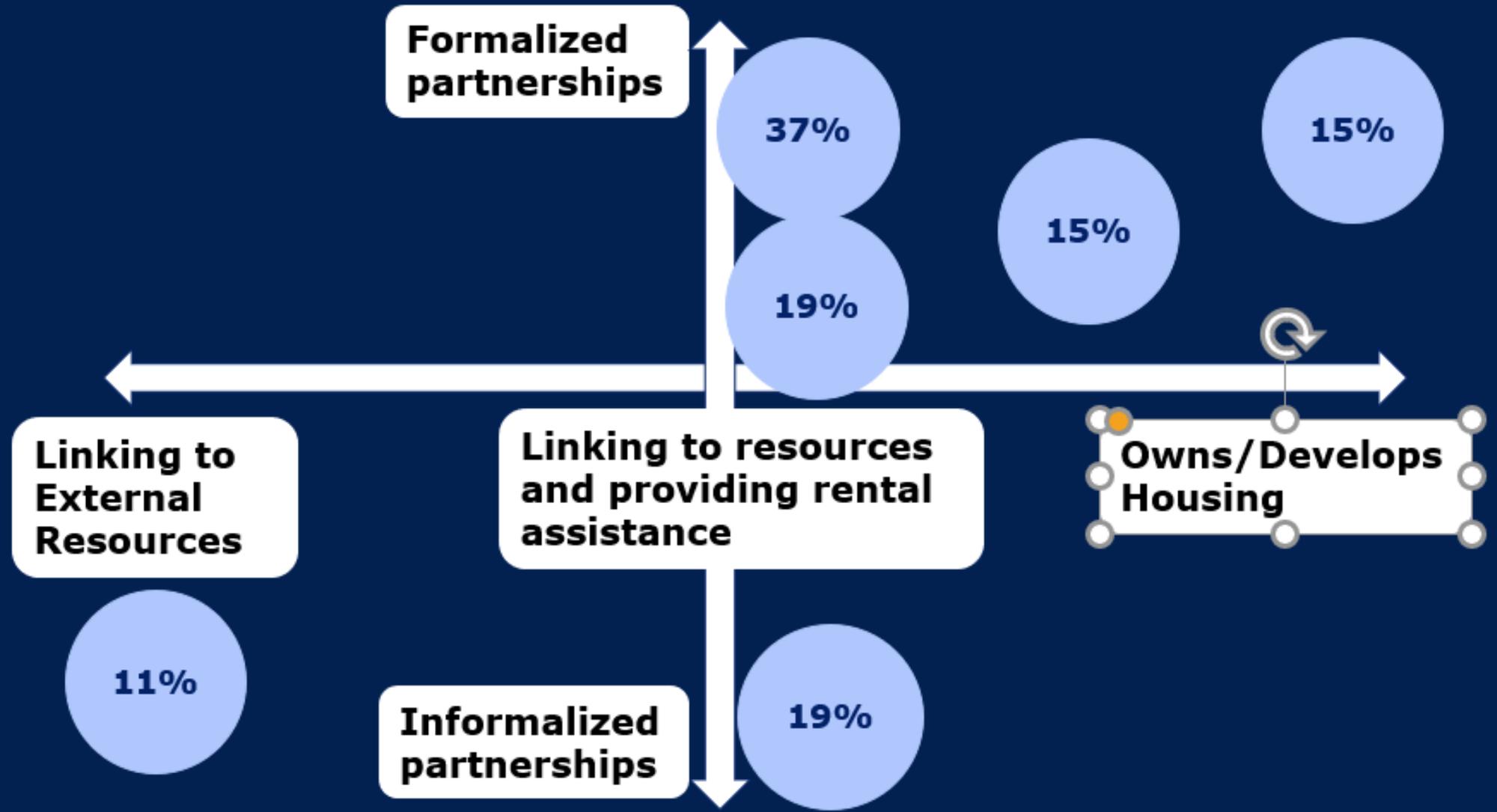
Listening Sessions Background

- Conducted between December 2021 and April 2022
- Two primary goals:
 - ▶ Understand to what degree a LMHA or LBHA is involved with housing (provision of housing and supportive services)
 - ▶ Inform the creation of a Supportive Housing Learning Community
- Held with the designated Housing Coordinator and other leadership or housing staff they wanted to include
- Held listening sessions with 27 of the 39 LMHAs/LBHAs

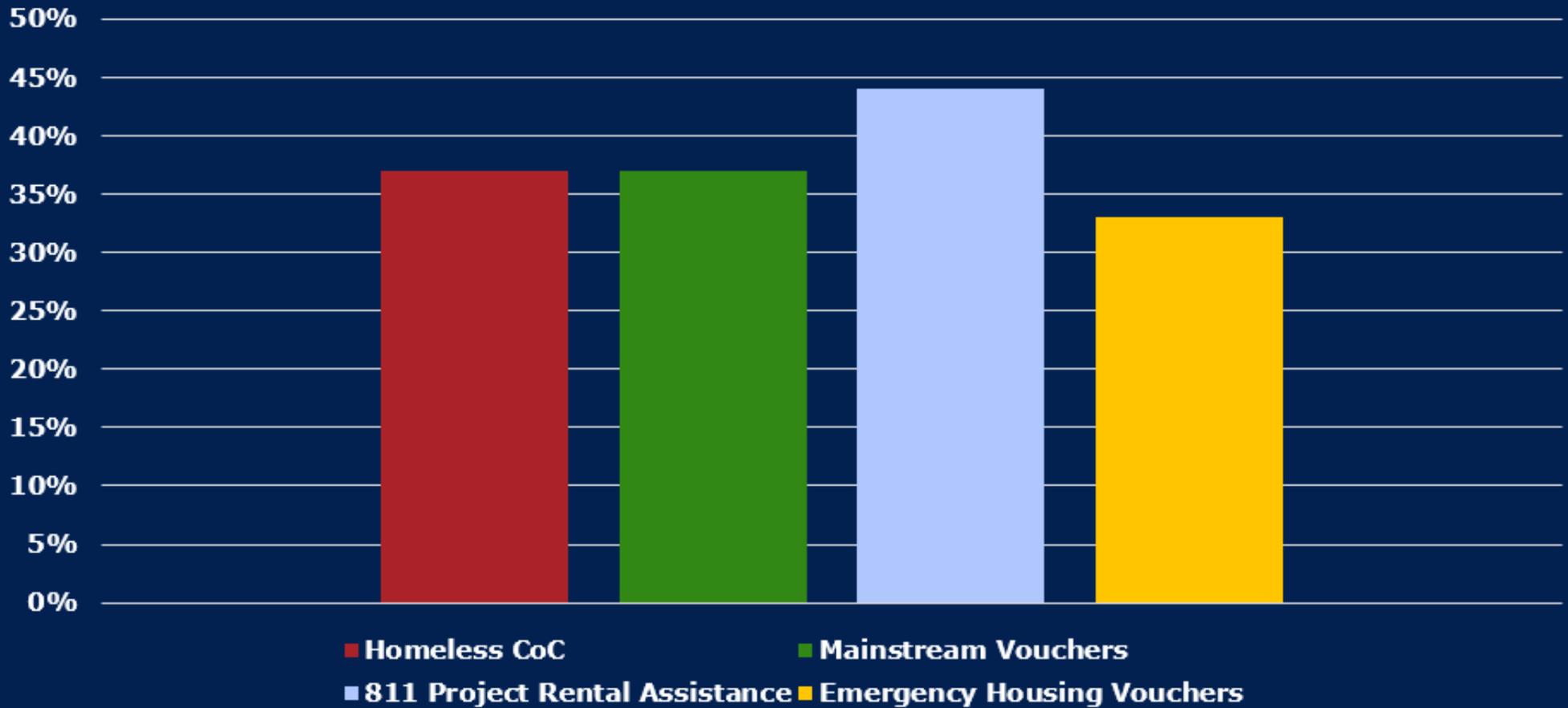


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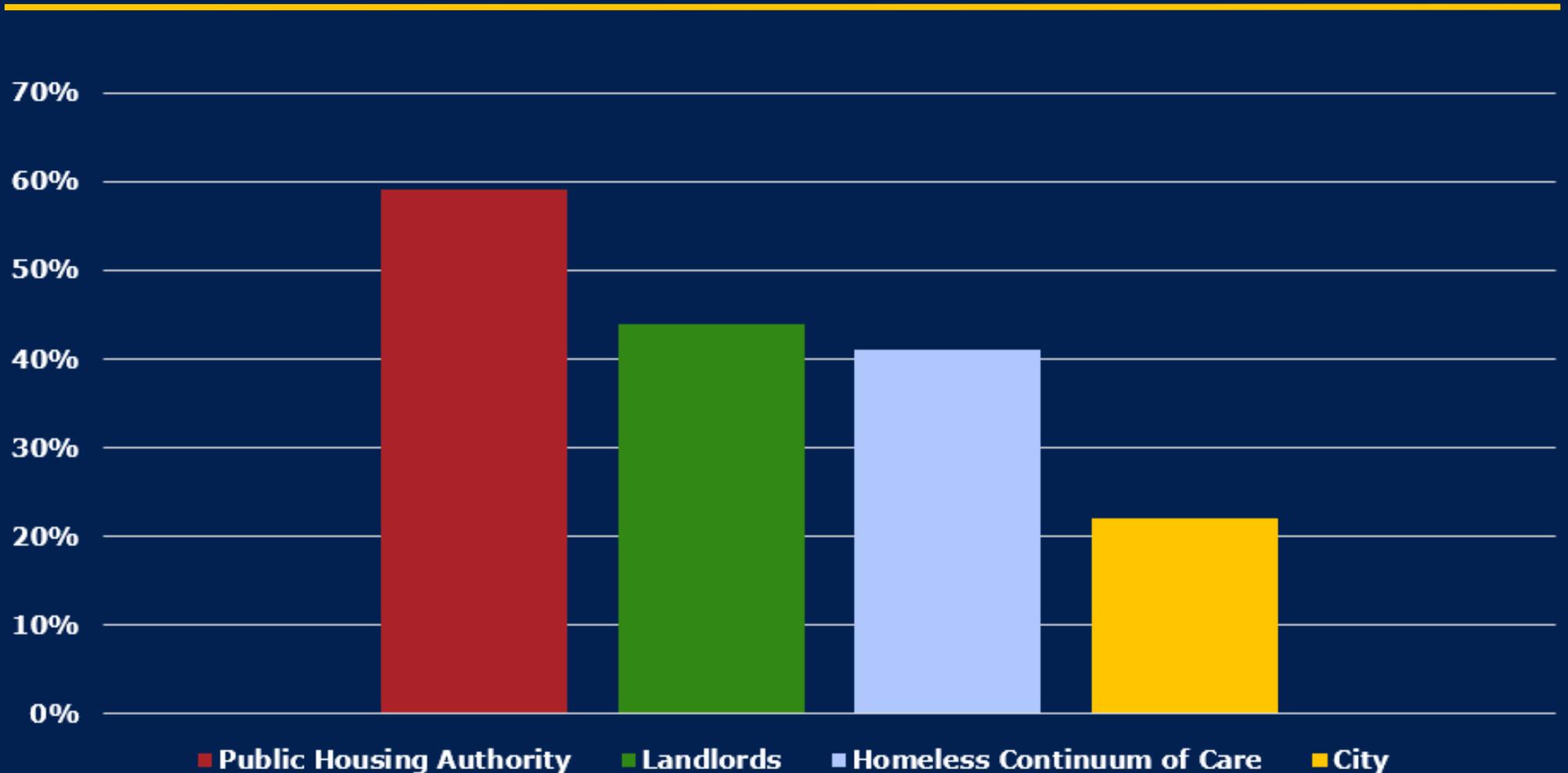
LMHA and LBHA Investment in Housing



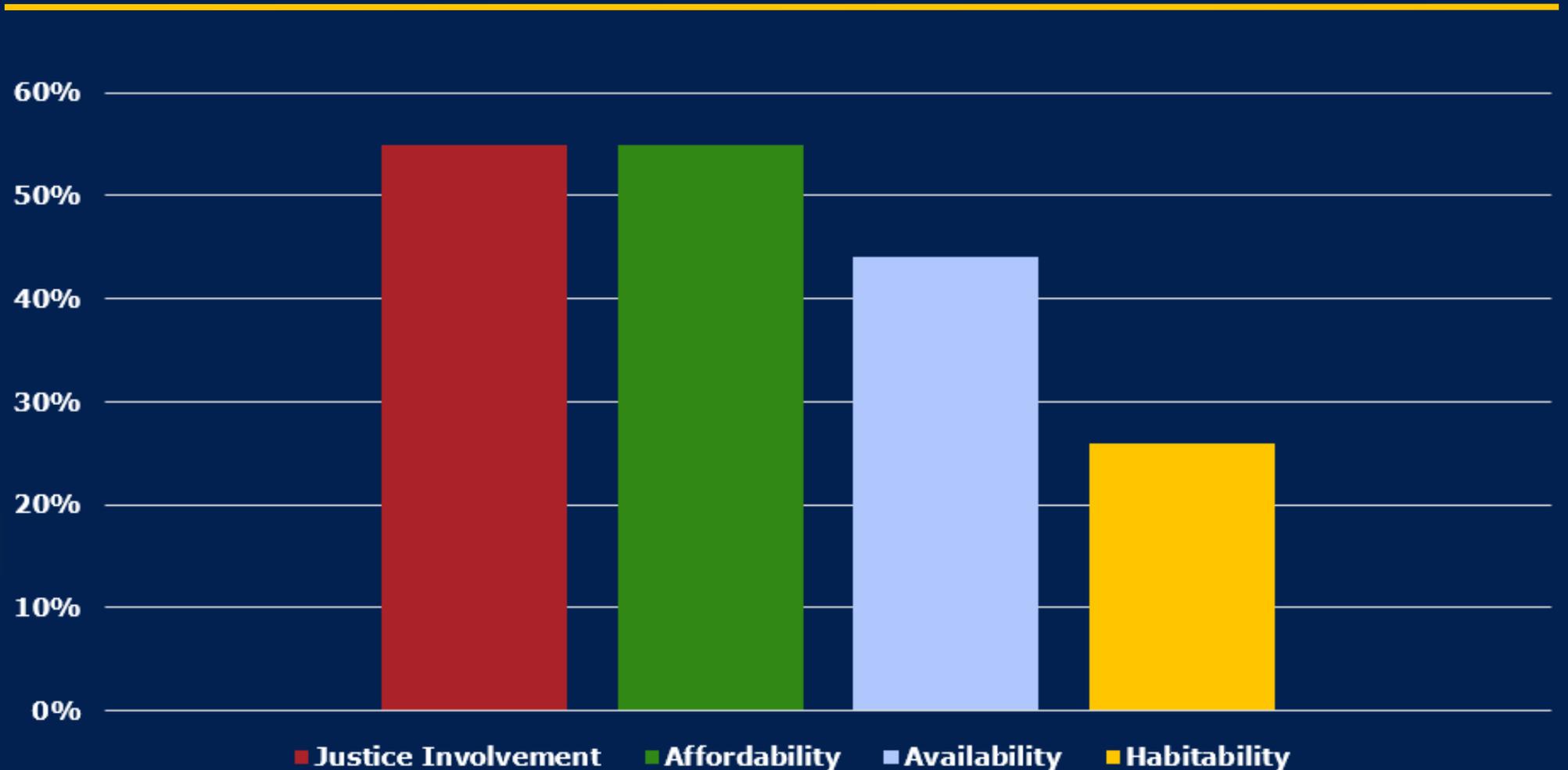
Non HHSC Housing Programs



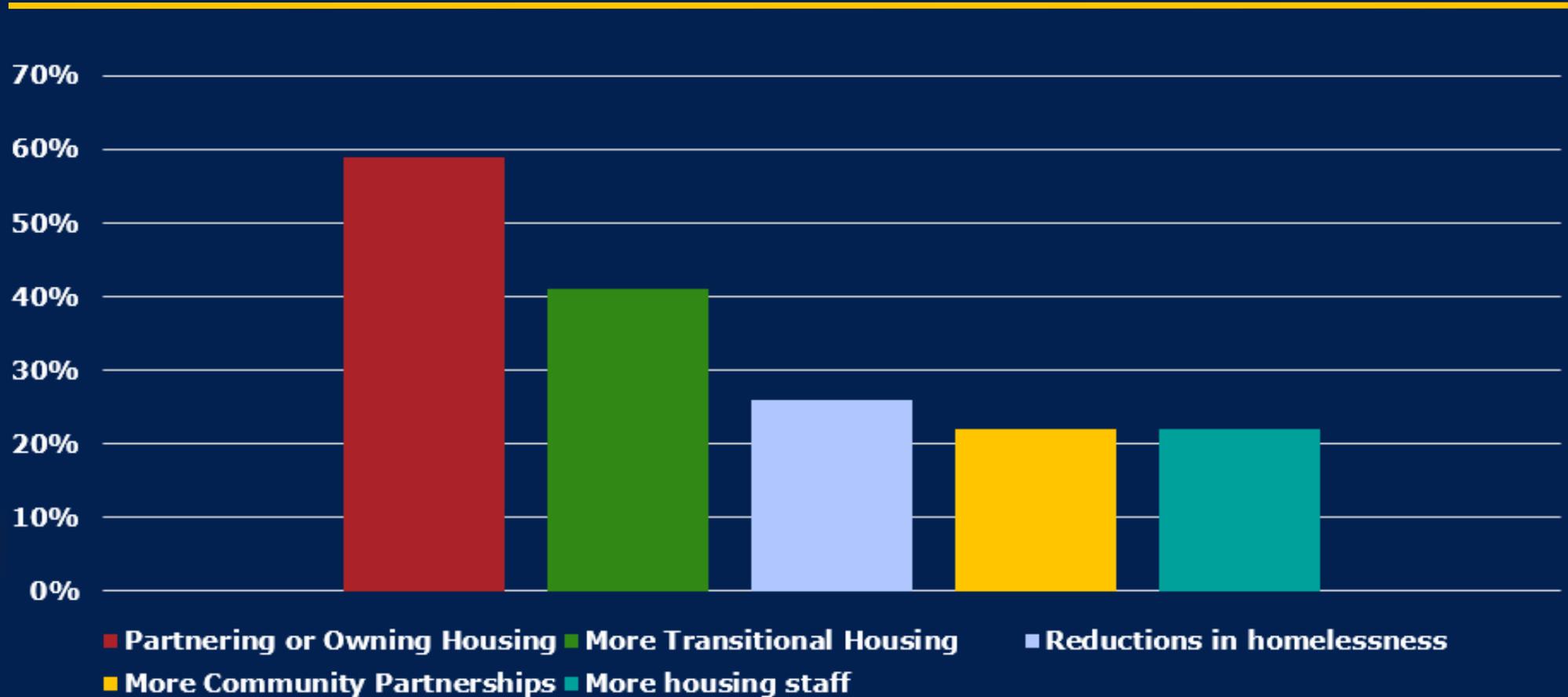
Strongest Housing Partnerships



Housing Challenges



Long-Term Planning



Development of Supportive Housing Learning Community

- Several questions were asked around the types of training provided to housing staff and general staff at LMHAs and LBHAs
- Questions were asked about the type of clinical trainings and trainings targeting leadership at their agencies that would be helpful



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Supportive Housing Learning Communities

- Contracted with University of Texas Health San Antonio in FY 2022, funded originally through Money Follows the Person Rebalancing Funds and now funded through the Mental Health Block Grant
- The Learning Community provides
 - ▶ A platform for sharing tools, strategies, and ideas around supportive housing services; and
 - ▶ Includes virtual and in-person training opportunities for LMHAs and LBHAs to learn from experts and each other.





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Questions?



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Thank You

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